

MONTHLY 4 WEEKS ROTATING MENU FOR INFANTS AND TODDLERS

WEEK	MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	BREAKFAST	CEREAL, FRUIT, MILK	PANCAKES, FRUIT, MILK	MUFFINS, FRUIT, MILK	WAFFLES, FRUIT, MILK	CEREAL, FRUIT, MILK
	SNACK	CRACKERS, CHEESE CUBES	NUTRI GRAIN BAR, MILK	ZUCCHINI BREAD, JUICE	CHEESE, CRACKERS	COTTAGE CHEESE, FRUIT CUP
WEEK TWO	BREAKFAST	CEREAL, FRUIT, MILK	BAGELS CREAM CHEESE, FRUIT, MILK	YOGURT, GRANOLA, AND MILK	ENGLISH MUFFINS, FRUIT, MILK	CEREAL, FRUIT, MILK
	SNACK	GRAHAM CRACKERS, RAISINS	GOLDFISH, FRUIT	STRING CHEESE, CRACKERS	BUG BITE CRACKERS, JUICE	BANANA BREAD, MILK
WEEK THREE	BREAKFAST	CEREAL, FRUIT, MILK	PANCAKES, FRUIT, MILK	MUFFINS, FRUIT, MILK	WAFFLES, FRUIT, MILK	CEREAL, FRUIT, MILK
	SNACK	CRACKERS, CHEESE CUBES	NUTRI GRAIN BAR, MILK	ZUCCHINI BREAD, JUICE	CHEESE, CRACKERS	COTTAGE CHEESE, FRUIT CUP
WEEK FOUR	BREAKFAST	CEREAL, FRUIT, MILK	BAGELS CREAM CHEESE, FRUIT, MILK	YOGURT, GRANOLA, AND MILK	ENGLISH MUFFINS, FRUIT, MILK	CEREAL, FRUIT, MILK
	SNACK	NUTRI GRAIN BAR, MILK	GOLDFISH, FRUIT	STRING CHEESE, FRUIT	BUG BITE CRACKERS, JUICE	BANANA BREAD, MILK